



BOOKS TO HELP CHILDREN COPE WITH LOSS AND DEATH

Preschool/Elementary

SETT® My Feelings: An Activity Book & Healing Journal (Tracy Redfearn, 2024)
Lifetimes: The Beautiful Way to Explain Death to Children (Brian Mellonie, 1983)
The Tenth Good Thing about Barney (Judith Viorst, 1971)
It Must Hurt A Lot (Doris Sanford, 1986)
I'll Always Love You (Hans Wilhelm, 1985)
Someone Special Died (Joan Singleton, 1993)
When Dinosaurs Die (Laurie Drasny Brown & Marc Brown, 1996)
I Miss You: A First Look at Death (Pat Thomas, 2001)
Love You Forever (Robert Munsch, 1986)
How I Feel: A Coloring Book for Grieving Children (Alan Wolfelt)

Elementary

SETT® My Feelings: An Activity Book & Healing Journal (Tracy Redfearn, 2024)
When Someone Dies (Sharon Greenlee, 1992)
Tear Soup (Pat Schweibert, Chuck DeKlyen, 2005)
Help Me Say Goodbye: Activities for helping kids cope when a special person dies (Janis Silverman, 1999)
The Fall Of Freddie The Leaf (Leo Buscaglia, 1982)

Elementary/Middle school

Badger's Parting Gifts (Susan Varley, 1984)
Aarvy Aardvark Finds Hope (Donna O'Toole, 1988)
The Next Place (Warren Hanson, 1997)
When Something Terrible Happens: Children Can Learn to Cope with Grief (Marge Heegaard)
When Someone Very Special Dies: Children Can Learn to Cope with Grief (Marge Heegaard)

Middle/High school

Straight Talk about Death for Teenagers (Earl Grollman, 1993)
When A Friend Dies (Marilyn Gootman, 1994)
The Grieving Teen: A guide for teenagers and their friends (Helen Fitzgerald, 2000)
Healing Your Grieving Heart for Teens: 100 Practical Ideas (Alan Wolfelt, 2001)
Fire In My Heart, Ice In My Veins: A Journal for Teenagers Experiencing a Loss (Enid Samuel Traisman)